

HOW TO

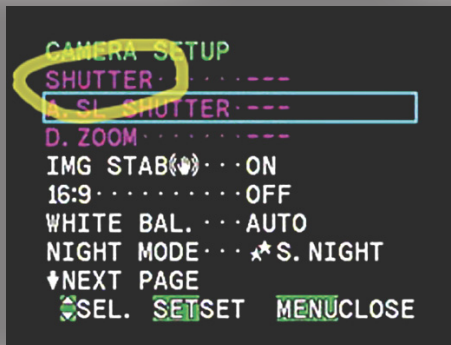
VIDEO RECORD YOUR

GOLF SWING

AND SUBMIT IT FOR ANALYSIS.

STEP #1 – CAMERA SELECTION. First you will need a video camera that has a manual shutter-speed adjustment. Check the owner's manual of your camera for this feature. Set the shutter to at least 1/500 fps. (any less than this and slow motion playback will be of poor quality). If your camera does not have a manual shutter-speed adjustment it may have a sports mode built-in. Look for a sports icon in the camera's menu. Almost all the modern (DV) digital video cameras have this feature. You can also use other video capture devices. Web-cams and digital cameras with video built-in work can work, but could degenerate the quality of the re-recorded video.

If you have an older video camera that has a VHS tape, you can still record your swing, but you'll still need a manual shutter-speed adjustment. In addition, you most certainly will have to mail to us and turn-around time will take about 10 business days.



your camera should have a menu with a manual shutter adjustment. Set to 1/500 fps.

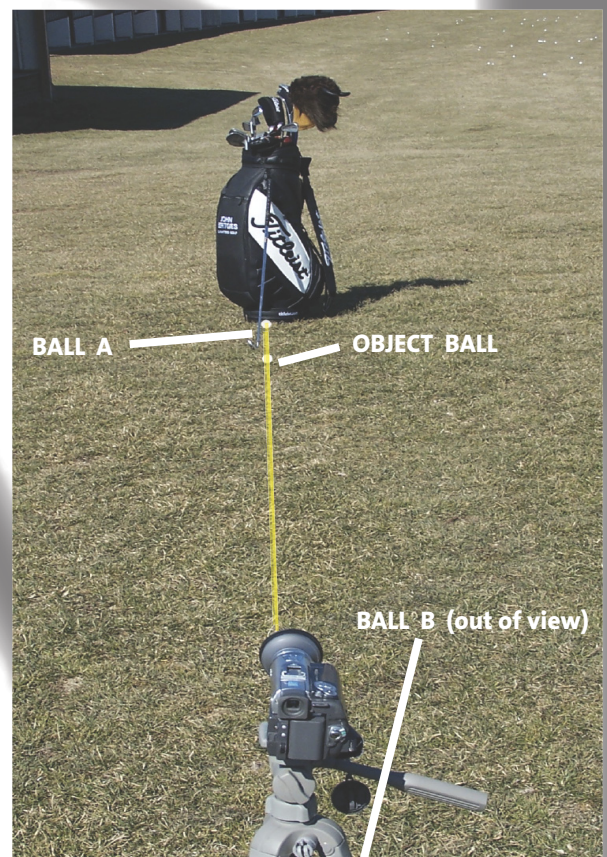
STEP #2 – CAMERA SET-UP. It is critical that you follow this step accurately.

We will need to mark some spots for recording from two angles, down the target-line and face-on.

FACE ON SET-UP:

- Place your golf bag on a spot near where you will eventually stand and hit golf shots.
- Put an iron against the bag in such a manner that matches your swing set-up. (photo a). Also position the iron so it is directed at a target on the range.
- Set an object ball on a tee just in front of the clubface.
- Next, place ball A just in front of your golf bag.
- Lastly, set ball B (this is where the camera will rest) approximately 25 away from the object ball and perpendicular to the target-line. The object ball, ball A and ball B should all line up. (photo a).

FACE ON SET-UP



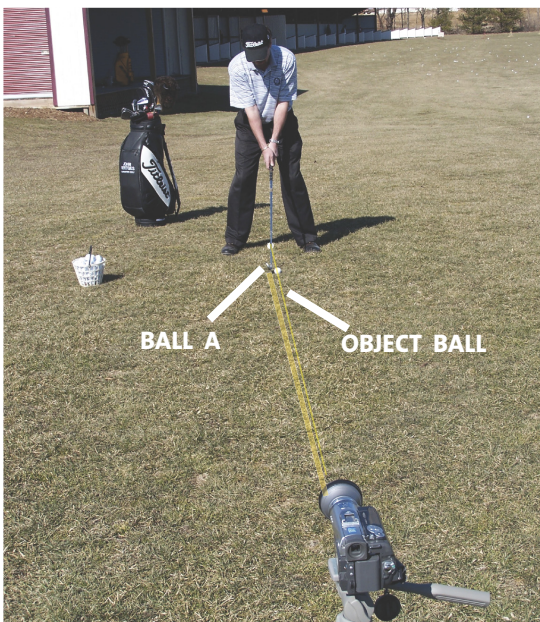
(photo a)

DOWN THE LINE SET-UP:

- Place ball C (this is where the camera will rest) 25 feet behind the object ball in line with the target. All three points should align. (See photo b).
- Now we have made our marks so we can properly record the videos. The only problem is, we want to shoot the down the line video from a spot on the shaft plane vs. the target line. Temporarily remove the golf bag and iron. We need to move the position of the object ball and ball A about 18 inches nearer to ball B.
- Next, reposition your bag and iron on the newly repositioned marks. Now the shaft of the iron should closely intersect between the target-line and ball C.



(photo b)



STEP #3—SHOOT THE VIDEOS

Face On Recording:

- Remove your golf bag and iron for a final time.
- Position the video camera over ball B.
- Turn record on.
- Hits 3 shots with a mid iron from the object ball position.
- Turn the record off (20 second record maximum).

Down the Line Recording:

- Position the video camera over ball C.
- Turn record on.
- Hits 3 shots with a mid iron from the object ball position.
- Turn the record off. (20 second record maximum).

STEP #4 – SUBMIT YOUR VIDEO FOR PROFESSIONAL ANALYSIS

Plug your camera into your pc and download the video onto your hard-drive or c:/drive. Next, locate the file on your hard-drive and right-click to check the file size. (Please no files over 20MG. If your file is too big, you must open it in a video editing program like 'windows movie maker' and resize it.



Save the file under one of the file formats below before uploading it to our server:

.wmv
.mov
.mpeg
.avi
.mpg
.mpg2

If your file is under another format, please email us first to ask if we can accept it:
video_support@bertgesgolf.com

Now you will need to submit your video for full review by our professional staff. Go to www.bertgesgolf.com and follow the link to the shopping cart to purchase a 'internet video lesson' or click on the link below. Cost - \$59.95

http://bertgesgolf.com/scart/index.php?main_page=index&cPath=8

Here you will be prompted for payment of the 'internet video lesson'. After approval, you will receive an email including a link with instructions for uploading the video. It's that easy... (turn around time is less than two days!)

You can also mail it to:

Internet Video Lessons/
Bertges Golf Academy, Inc.
681 South Sheek Rd.
Greenwood, IN
46143

These Formats are accepted by mail only:
Mini-DV, VHS Tape, DVD, Mini DVD-R, CD, Digital 8

Send a check or money order in the amount of \$69.95 (includes shipping).